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ActiveFX®/DeepFX®/TotalFX® Pre-Treatment Patient Instructions

Prior to treatment

Patients will need to have someone drop them off and pick them up (2 hours later) due to medications that patients will take on the day of their procedure. Please have a driver with you the day of treatment since you have the option of medication that will make you drowsy and not able to operate a motor vehicle

Patients who have a history of recurring cold sores (Herpes simplex type I) should start oral Valtrex 500mg two tablets twice daily for three days – starting this prescription the morning of your treatment. This prescription can be written for you by the physician.

No Accutane use 6 months prior to treatment.

Do not tan the area to be treated for 2-4 weeks prior to treatment, including the use of self-tanning products and tanning beds.

Stop *using Retin A, Retinol, Glycolic, AHA & Vitamin C products 5-7 days prior to treatment.*

Bring a hat, sunglasses and a scarf the day of your treatment. Purchase Laser Clinique's recommended skin regime (1 week prior to treatment), Skin Medica's Restorative Ointment, Hydrocortisone 1% ointment, Avene thermal spring water and Skin Medica's Enviromental Defense Sunscreen SPF 50

Post-treatment instructions will be given to you to care for your improved skin.

**** Be prepared to be out of direct light for 5 – 7 days post treatment. ****